



YOUR MENU @

**VICARAGE
PRIMARY SCHOOL**

Spring - Summer 2024

WEEK 1	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Chicken Dippers with Sweet & Sour Sauce & Egg Noodles	Fruity Caribbean Chicken with Rice & Peas	Roast Chicken & Herby Stuffing with Roast Potatoes	Lamb & Lentil Lasagne with Garlic Slice	Fishwich served in a Bun with Herby Diced Potatoes
Choice 2	Quorn Dippers with Sweet & Sour Sauce & Egg Noodles V	Fruity Caribbean Quorn with Rice & Peas V	Roast Vegetable Tart served with Roast Potatoes PB	Vegetable Lasagne with Garlic Slice V	Beany Burger served in a Bun with Herby Diced Potatoes V
Vegetable Selection	Sweetcorn Fresh Broccoli	Coleslaw Salad	Seasonal Fresh Vegetables	Seasonal Fresh Vegetables	Coleslaw Salad
Dessert of the Day	Fresh Fruit, Yoghurt or Cheese & Biscuits	Fresh Fruit, Yoghurt or Cheese & Biscuits	Fresh Fruit, Yoghurt or Cheese & Biscuits	Fresh Fruit, Yoghurt or Cheese & Biscuits	Belgian Style Waffle, Ice Cream & Chocolate Sauce V

Daily Options

Jacket Potatoes with Choice of Fillings: Baked Beans, Cheese or Tuna / Freshly Baked Bread

WEEK 1 15 Apr, 6 May, 3 Jun, 24 Jun, 15 Jul, 2 Sep, 23 Sep, 14 Oct.

MEAT SERVED AT THIS SCHOOL IS HALAL

KEY: **V** - Vegetarian **PB** - Plant Based **SS** - Sugar Smart
* - (Egg Free Dessert Recipe)



DINEin
AND DISCOVER



YOUR MENU @

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Spring - Summer 2024

WEEK 2	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Chicken Burrito with Coleslaw & Mexican Salad	Chicken Frankfurter Hot Dog with Jacket Wedges	Roast Chicken with Yorkshire Pudding served with Roast or New Potatoes	Chicken Tikka Naan with Indian Style Salad & Yoghurt	Tuna Panini with Herby Diced Potatoes
Choice 2	Beany Wrap with Coleslaw & Mexican Salad V	Quorn Frankfurter Hot Dog with Jacket Wedges V	Toad in the Hole served with Roast or New Potatoes V	Lentil & Vegetable Tikka Masala with Rice & Naan V	Pizza Slice with Herby Diced Potatoes V
Vegetable Selection	Sweetcorn Fresh Broccoli	Garden Peas Baked Beans	Seasonal Fresh Vegetables	Sweetcorn	Salad Coleslaw
Dessert of the Day	Fresh Fruit, Yoghurt or Cheese & Biscuits	Fresh Fruit, Yoghurt or Cheese & Biscuits	Fresh Fruit, Yoghurt or Cheese & Biscuits	Fresh Fruit, Yoghurt or Cheese & Biscuits	Frozen Orange & Mango Smoothie* PB

Daily Options

Jacket Potatoes with Choice of Fillings: Baked Beans, Cheese or Tuna / Freshly Baked Bread

WEEK 2

22 Apr, 13 May, 10 Jun, 1 Jul, 22 July, 9 Sep, 30 Sep, 21

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PRIMARY SCHOOL**

Spring - Summer 2024

WEEK 3	Monday	Tuesday	Wednesday	Thursday	Friday
Choice 1	Pasta Bolognese with Garlic Bread	Lamb Burger in a Bun with Jacket Wedges	Souvlaki Chicken with New Potatoes	BBQ Chicken Pasta Bake	Fish Fingers with Herby Diced Potatoes
Choice 2	Mac & Cheese with Focaccia V	Southern Style Quorn Burger in a Bun with Jacket Wedges V	Mediterranean Vegetable Tart with New Potatoes PB	Wholemeal Spinach & Ricotta Pasta Parcels V	Sausage in a Roll with Herby Diced Potatoes PB
Vegetable Selection	Sweetcorn Fresh Broccoli	Green Beans Fresh Carrots	Seasonal Fresh Vegetables	Mixed Vegetables Sweetcorn	Garden Peas Baked Beans
Dessert of the Day	Fresh Fruit, Yoghurt or Cheese & Biscuits	Fresh Fruit, Yoghurt or Cheese & Biscuits	Fresh Fruit, Yoghurt or Cheese & Biscuits	Fresh Fruit, Yoghurt or Cheese & Biscuits	Jelly with Summer Fruit & Ice Cream* V

Daily Options

Jacket Potatoes with Choice of Fillings: Baked Beans, Cheese or Tuna / Freshly Baked Bread

WEEK 3

29 Apr, 20 May, 17 Jun, 8 Jul, 16 Sep, 7 Oct.

MEAT SERVED AT THIS SCHOOL IS HALAL

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* - (Egg Free Dessert Recipe)



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